

I · am · bic



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Editor's Corner



Hello there and welcome to the seventh issue of Iambic!

September was Interesting

I have been traveling to different cities and checking out their scene and their poets. I went to an interesting showcase in Oakland called "Paint Your World." Spoken word artists perform while visual artists would paint something they hear on to a blank canvas. Interesting painting were created in a 20 minute timespan. Some poets to check out in social media: Kwesi, Essence Mohogany, and Perry Musa.

What's Inside

This month, *Iambic* is going to feature Plugged, an open mic / jam session show that is every second Sunday. Then, we meet another open mic host at Rhythm and Poetry: Stanley Ray. He will be this month's Meet the Host feature.

You may have notice several changes in the Sacramento Poetry Calendar. Penny for your Thoughts has closed down but they are in discussion for a reopening with a new host. We will keep you updated with their progress. As always, any events that is not on the calendar, check www.ResWonderland.com website for further information.

I would like to give an honorable mention to Michael Stephenson for winning the Sacramento Slam. Read more about it in the Sac Slam Page on Iambic. If you have Poems, Proses, or Visual Arts that you would to share on Iambic, then Email IambicZine@gmail.com for rules and guideline for submission.

Venue Profile



Plugged
Hosted at Sol Collective
2574 21st Street
Sacramento, CA
Sundays 8:00 - 10:00 PM
\$5

Plugged

Plugged is a monthly open mic / live band jam session show. The show invites musicians and lyricists of all kinds / genres to create the soundtrack for some of Sacramento's favorite poets, singers, rappers, and dancers. The show is hosted by ZFG's Andru Defeye. They allow CDs or music devices to perform with your own music but encourage that use of the band. Plugged serves as a cultural hub for networking opportunities in Sacramento.

Open to all musicians, singers, emcees, poets and dancers of all styles. The show is located at Sol Collective every second Sunday at 8pm.

Meet the Hosts

Stanley Ray is a veteran spoken word poet and host at Rhythm and poetry. His unique ability to weave vivid images of his perspective with a booming voice and southern nature.

He has been writing and performing poetry for 11 years. He, first, started performing at Mahogany Poetry Series and has performed poetry in multiple cities, since then. He has been a regular with the Sweet Spot, a Pop Erotica show that performs worldwide. He is largely known for erotic, religious, and family value poetry.

His poetry book, *Stages of Me*, is a wide range of poetry about spirituality, lustful fantasies, love, and societal aggravation.



Have a poem you want to published? Do you have something to say about the Sacramento poetry scene? Are you promoting a poetry-centric event? Let lambic help you! Send submissions and inquiries to lambicZine@gmail.com.

Youth Voices

The Adventures in Cellularvilla

(PART 5)

Sene Star

“What?” Jim asked. “Where am I?” as he sleepily staggered around the cave.

“You are still in the cave.” Said a familiar voice. As he followed the sound, he bumped into the blurry figure. It was Jim’s father, Todd. “Dad, how are you here?” wondered Jim.

As his father slowly regained his vision, he said, “Well, son, I came to visit you and I got sucked in. I’ve been here for five days!”

Meanwhile, CharRon was searching for his friend. “Jim, Where are you?!” CharRon exclaimed. As he wander, he stumbled on the remains of a zombie and footprints. “Gosh, why couldn’t we be home, instead in this god-forsaken waste land?” CharRon muttered.

He descended down a hill and noticed a large cave carved into the side of the hill. As he got closer to the cave entrance, there is a huge boulder blocking the entrance. “Hello?! Is anyone in there?!” CharRon shouted.

“CharRon?! Yes, we’re in here! Get us out! “Jim yelled, as he banged on the massive object.

“What?” CharRon was puzzled, “What do you mean we?” Jim banging on the boulder “It’s my dad. He is here too!”

CharRon was surprised, “What in the world?! Okay, you to hold on, I’ll get you out in no time!” He started feeling on the walls for a level, “I just have to figure out a way to get you out of there!” CharRon exclaimed, aggressively searching around the wall. Then he finds a lever. As he pulls the lever, a loud cry for help echoes from the far hills.

To be continued...

Sac Slam Page

Sacramento Slam is a monthly poetry competition at Luna's Café, where poets compete for a cash prize.

The Officials:

The Slam founders: Jennlyn and MC Sho Nuff

The Slam show host: (2014 Sac Slam team member) Ike Torres of the Sacramento crew, ZFG.

Co-host and show DJ: (2016 Sac Slam team member) CharRon Smith aka Resolution.

Our Timer/Scorekeeper: Greg aka Sheets.

The Show:

The venue was packed, judges were picked, host was ready, DJ was plugged in, and participants have signed in and paid. We have 8 poets on the list that competed for \$40 grand prize. After a two hours of spoken word performances, judging, and music interludes; we had a new winner: Michael Stephenson (2x Sacramento Slam Champion)

Check out Michael on Instagram @MstepBass

Congratulation, Michael. You are September Sacramento Slam Champion. We hope to see you participate in October Sac Slam to defend your title but until then, keep writing and performing, Poet! Honorable mentions to Jack B. and CharRon for being Sacrificial Poet of the slam

The Sacramento Slam is performed at Luna's Café every third Friday of the month.



Poetry This Month

Off the Old Roads

Max West

*I could have gone
Ten thousand miles
Down any road
Besides this one
All the way to where
I'm someone else
I could have sung my love
To a high school crush
Rather than undergo
The echoing repercussions of silence
I could have married or divorced
Could have done less drugs
Or more
Could have given up
Much sooner
Or died far longer
I could have grown forward
When I shrank to the corner instead
I could have freed my head
I could have freed my head
Or entered less beds instead
Of the one that mattered
I could have been equally individual around people
Or had more regrets but
I think that would mean
I'd still be wandering
One of the old highways
Rather than this path which
I can't see the end of*

Sacramento Poetry Calendar October 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 12-5P TOPOAOM (3) 7:30P SPC (5) 7P Intersection(12)	2 7:30P SPC (5) 7P Intersection(12)	3 8p Shout Out Sacramento (2) 10P Mahogany (4) \$5	4 8p Shout Out Sacramento (2)	5 7p Rhythm & Poetry (8) \$10 8p Luna's Open Mic (1)	6	7
8 12-5P TOPOAOM (3) 7:30P SPC (5) 7P Intersection(12)	9 7:30P SPC (5) 7P Intersection(12)	10 9P Mahogany (4) \$5 8p Naked Narrative (2)	11 9P Mahogany (4) \$5 8p Naked Narrative (2)	12 7p Rhythm & Poetry (8) \$10 8 PM Luna's Open Mic (1)	13	14 7p Poetry Cake (9) \$15
15 12-5P TOPOAOM (3) 8P Plugged (7)	16 7:30P SPC (5) 7P Intersection(12)	17 8p Shout Out Sacramento (2) 9P Mahogany (4) \$5	18 8p Shout Out Sacramento (2)	19 7p Rhythm & Poetry (8) \$10 8P Luna's Open Mic (1)	20	21
22 12-5P TOPOAOM (3) 6:30p Poetry Corner (9) 5p Coffee & Poet (10)	23 7:30P SPC (5) 7P Intersection(12)	24 8p Naked Narrative (2) 9P Mahogany (4) \$5	25 8p Naked Narrative (2) 9P Mahogany (4) \$5	26 7p Rhythm & Poetry (8) \$10 8p Luna's Open Mic (1)	27	28
29 12-5P TOPOAOM (3) 7:30 SPC (5) 7P Intersection(12)	30 7:30 SPC (5) 7P Intersection(12)	31				

1)Luna's Cafe 1414 16th St; 2) Shine Café 1400 E St; 3) Oak Park Mic @33rd St & Broadway outside; 4) Queen of Sheba 1714 Broadway;
 5) Sac City College 2825 Freeport Blvd; 6) Sac Poetry Ctr 1719 25th St; 7) Sol Collective, 2574 21st St; 8) Stellar Studios 202 23rd St; 9)
 Brickhouse Gal. 2837 36th St; 10)Blue Lamp 1400 Alhambra; 11) Naked Lounge 1111 H St. 12) Old Soul 3434 Broadway